About Us

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Look Hear Australia is an online toolkit designed to assist families and professionals of children with individual, additional and complex needs. Look Hear Australia stands for Library of Online Knowledge for Health and Education Profressionals (Australia).



The goal of Look Hear Australia is to gather resources, websites and information in a one place as which professionals and parents can access when working with children with complex or additional needs.

The internet is a BIG place! The aim of Look Hear Australia is to bring together some of the wonderful resources that are already available to parents, professionals and families!

The additional aim of Look Hear Australia is to show how **easy** it is to modify your workplace, classroom or home for children and adults with additional needs.

Who are the people behind Look Hear Australia you ask?

That would be **Tara & Tim Rossow**, an Occupational Therapist-Clinical Psychologist couple who found themselves thinking "wouldn't it be great if everything was in one place". After much deliberation, the idea of Look Hear was born.



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Tara Rossow (nee Whiteford) — Founder/Owner

Registered Specialist Paediatric Occupational Therapist

Tara is a specialist Occupational Therapist who has worked in Paediatrics since her graduation from James Cook University in 2012. She has considerable experience working with children who present with diverse physical, developmental, mental health and complex needs and abilities.

Tara is passionate about helping children and families to

achieve their individuals goals, and aims to do this by empowering families. Her therapy motto is "It's not hard to make it easy" and Tara strives support families to develop their own skills set that enables to meet their individual child's and family needs.

Tara is currently working at a Specialist School in Oxfordshire, as well as within the NHS. She continues to build Look Hear in her spare time.

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Dr Tim Rossow - Founder/Owner

Registered Clinical and Counselling Psychologist

Tim is a highly specialist Clinical and Counselling Psychologist and has worked across a variety of roles since graduating in 2011. He began to focus on working with children, particularly with neurodevelopmental disorders, and their families in 2013. Tim has significant experience working with and assessing children with developmental, learning and mental health needs.

Tim is passionate about understanding behaviour, and helping families, teams and schools to manage different behaviours of children and young people with various needs and abilities.

Tim completed his Doctoral studies at Reading University, looking at sensory processing and mental health difficulties within Autism Spectrum Disorder/s. He continues to be involved in research both in the UK and internationally, focusing on sensory processing and mental health challenges.

OUR MEMBERSHIPS







OUR TRAINING

Tara is trained in:

- Advanced Mentored Clinician STAR Centre
- Trauma and Attachment
- Childhood Development
- Zones of Regulation
- Intensive Interaction
- Nature and Occupational Therapy

Tim is trained in:

- Zones of Regulation
- Sensory Processing
- Trauma Focused Cognitive Behavioural Therapy
- Cognitive Behavioural Therapy
- Dialectical Behavioural Therapy
- Learning Disabilities
- Positive Behaviour Support

VIDEOS

Building relationships | MacIntyre

Today we are not only sharing film which explores how Intensive Interaction can be incorporated into Therapy Sessions, but also a poem by Intensive Interaction Mentor, Kate Webb.

Tara Whiteford Autism Queensland — Working at Autism Queensland

Uploaded by CQUniversityOLTv on 2014-12-07.

International Intensive Interaction Week 2017 - MacIntyre School

For International Intensive Interaction Week 2017, we thought we would give another spin on Intensive Interaction and let our staff at MacIntyre School tell you about it and what it means to them. In the film you meet Kate, the Intensive Interaction Mentor for the School.

MacIntyre

For the final day of Intensive Interaction Week, we are not only sharing a film which explores how Intensive Interaction can be incorporated into Therapy Sessions, but also a poem which was written...

Tara Whiteford Autism Queensland — Preparing for your non-traditional placement

Uploaded by CQUniversityOLTv on 2014-12-07.