



Occupational Therapy

> OCCUPATIONAL THERAPY

What is Occupational Therapy? How do we explain it to kids and families?

Basically, [Occupational Therapy](#) helps your child to **DO** the things they need and want to do. Children need to play, learn and develop self care skills (toileting, brushing teeth and hair etc).

Occupational Therapists will work with everyone in your child's team to help get some great outcomes for your child!

Information on Occupational Therapy is listed below.



CATS OT

Why we love it ♥

Another research based webpage for the OT's in the family!!

Who's it best for ??

Parents, and Therapists, Teachers

Cost £ \$ €

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!



Developmental Occupational Therapy (WA)

Why we love it ♥

A great website to be aware of! A variety of great OT information as well and AWESOME information sheets on play and how to engage children. A personal favourite and an inspiration for easy, accessible information!

Who's it best for ??

Parents, and Therapists, Teachers

Cost £ \$ €

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!



Occupational Therapy Australia

Why we love it ♥

The national body representing OT within Australia. OT Aus offers great Professional Development (online and face to face) as well as position papers and guidelines! I would recommend all OT's in Australia to be members!

Who's it best for ??

Parents, and Therapists

Cost £ \$ €

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!



OT Seeker

A great website with lots of research and systematic reviews!! All OT based research!



Your Therapy Source

Why we love it ♥

A great website to be aware of – lots of great OT information

and free stuff!! Great lists of links and information for those working in paediatrics.

Who's it best for ??

Parents, and Therapists

Cost £ \$ €

FREE – depends on what resource your get (starts at about \$2.50)

⇒ Where to get it?

Click on the image to be taken their website directly!



Occupational Therapy Board of Australia

Why we love it ♥

The governing body of Occupational Therapists in Australia.

Who's it best for ??

Parents, and Therapists, Teachers

Cost £ \$ €

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!



WFOT

Why we love it ♥

The World Federation of OT. Great info on what OT is doing internationally, and includes information on projects and jobs that are available. Also check out the resource centre!!

Who's it best for ??

Parents, and Therapists, Teachers

Cost £ \$ €

FREE

⇒ Where to get it?

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