

Bullying

> BULLYING

Bullying

Bullying is not okay!

But how do you know when it is bullying, rather than someone just being rude or disagreeing with you? How do you deal with a bully? What if you are doing the bullying?

Bullying can be challenging to work on and explain to kids.

Information on Bullying is listed below. We also have a handy blog post about the current [evidence relating to bullying.](#)



Take a look at our resources related to Trauma here!

[Click Here](#)

Check out our blog

We put together blog post looking at the evidence related to bullying...

[Click Here](#)

Stop Bullying

♥ Why we love it:

This website is a government run site that helps parents and professionals develop ways to talk to and help kids understand bullying. Great info about what bullying is, cyber bullying, how to help and how to prevent bullying.

? Who's it best for:

Parents, and Therapists, Teachers, Support Workers

£ \$ € Cost:

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!

The logo for stopbullying.gov, with 'stop' in red and 'bullying.gov' in black.

National Centre for Action Against Bullying

♥ Why we love it:

This website has lots of awesome resources for children, parents and professionals about bullying. This is an initiative of the Alannah and Madeline Foundation.

? Who's it best for:

Parents, and Therapists, Teachers, Support Workers

£ \$ € Cost:

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!

**The Alannah
and Madeline
Foundation**



Keeping children safe from violence

Kids Helpline

♥ **Why we love it:**

This website that has lots of resources for children and educators about how to manage bullying. Includes lots of preventative information as well!

? **Who's it best for:**

Parents, and Therapists, Teachers, Support Workers

£ \$ € **Cost:**

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!



Bullying – No Way

♥ Why we love it:

Another great government website! Contains loads of classroom resources and information on the Safer Schools Framework.

? Who's it best for:

Parents, and Therapists, Teachers, Support Workers

£ \$ € Cost:

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!

The image shows the text "BULLYING. NO WAY!" written in a bold, black, hand-drawn font. The letters are slightly irregular and slanted, giving it a graffiti-like appearance. The text is centered on the page.

Bully Blocking

♥ Why we love it:

Another great website with an accompanying book for purchase. Includes a great list of further links that you might find helpful!!

? Who's it best for:

Parents, and Therapists, Teachers, Support Workers

£ \$ € Cost:

\$15

⇒ Where to get it?

Click on the image to be taken their website directly!

You can also order directly through our Affiliate Amazon Link!



Friendly Schools

♥ Why we love it:

A great website with lots resources about how to make schools inclusive. There are also a range of bullying resources as well!

? Who's it best for:

Parents, and Teachers

£ \$ € Cost:

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!



Random Acts of Kindness

♥ Why we love it:

The Random Acts of Kindness Foundation believes that the world

will be a significantly better place if we encourage the spread of kindness in schools, communities and homes. The site contains useful information on inclusion.

? Who's it best for:

Teachers and Therapists

£ \$ € Cost:

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!



Anti-Bullying Network

Another useful website. This UK based site has a range of links to other sites that provide information about bullying.

♥ Why we love it:

A VERY useful website. This UK based site has a range of links to other sites that provide information about bullying.

? Who's it best for:

Parents and Teachers

£ \$ € Cost:

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!



Reach Out

♥ **Why we love it:**

Reach Out is a site designed for teens and young adults to assist them deal with bullying. Lots of great resources and information, not just about bullying but also mental health.

? **Who's it best for:**

Parents, and Therapists, Teachers, Support Workers

£ \$ € **Cost:**

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!



Beyond Blue

♥ **Why we love it:**

We love how easy to read Beyond Blue is and they have wonderful fact sheets, as well as good information about cyber bullying.

? Who's it best for:

Parents, and Therapists, Teachers, Support Workers

£ \$ € Cost:

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!



Mum Loves Best – Bullying

♥ Why we love it:

[Mum Loves Best](#) is a comprehensive website with TONNES of high quality information covering a huge range of topics. They have a fantastic goal of Mums (and Dads) supporting each other, and they have a fantastic team behind the scenes that make this happen.

We love their post on bullying, types of bullying, children at risk, prevention and importantly how to handle it. This post provides helpful and relevant information, and we love the visuals!!

? Who's it best for:

Parents

£ \$ € Cost:

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!

