

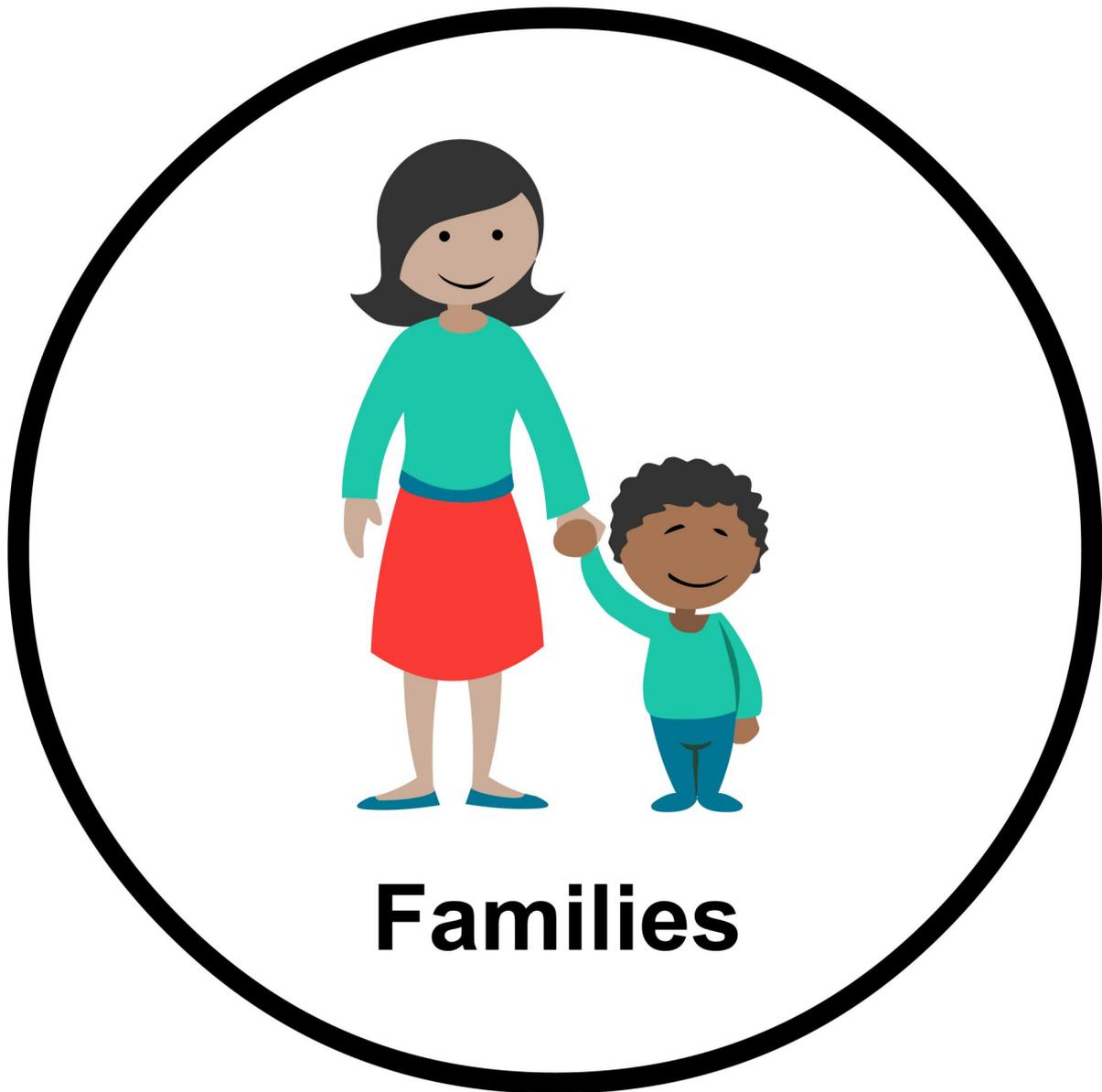
Families

> FAMILIES

How do we best support our families?

It is a hard question to answer! We have put together some parenting and family based programs that may help.

Information on Families and Parenting is listed below. You can also read about one families personal experience [here.](#)



Take a look at our blogs!

This blog post is titled "Why are therapists family focused?"

[Click Here](#)

Another great blog to take a look at is 'Why does therapy cost so much?'

[Read Now](#)

Empowered Autism Parenting

Why we love it ♥

This book gives mothers and fathers, caregivers, and teachers the information they need to recognize the unique personality, passions, and intellect in a child with autism, thereby liberating them from today's culture of fear. It describes how the conventional incentive and reward systems send the wrong message to kids with autism and just don't work. This book offers a sensible ten-step guide for enriching relationships with kids with autism through the belief in their essential competence.

Who's it best for ??

Parents

Cost £ \$ €

\$10

⇒ Where to get it?

Click on the image to order directly through our Affiliate Amazon Link!



Developmental Occupational Therapy (WA)

Why we love it ♥

A great website to be aware of – lots of great OT information as well and AWESOME information sheets on play and how to engage children with lovely pictures! A personal favorite and an inspiration for easy, accessible information!

Who's it best for ??

Parents, and Therapists, Teachers, Support Workers

Cost £ \$ €

FREE

⇒ **Where to get it?**

Click on the image to be taken their website directly!



Family Goal Setting Tool

Why we love it ♥

A great tool – one that I use every session with parents as a VISUAL (see what I did there?) to help sort out goals for their children. Judy Jones has a wealth of knowledge and is a true OT!! Another personal favourite and an inspiration for easy, accessible information!

Who's it best for ??

Therapists

Cost £ \$ €

\$250 (but well worth every penny!)

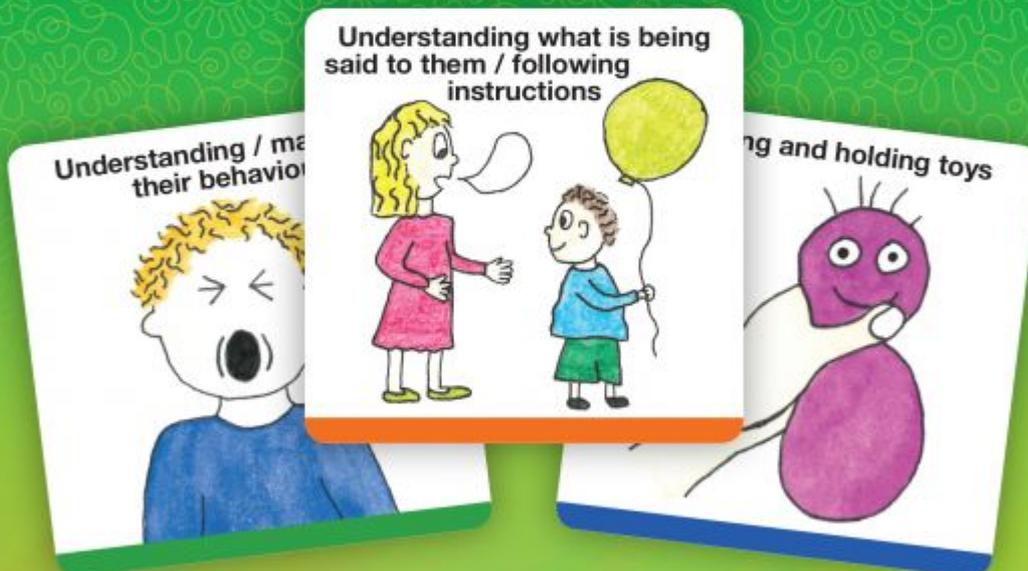
⇒ **Where to get it?**

Click on the image to be taken their website directly!

Created by: Judy Jones, BOccThy

The Family Goal Setting Tool

For families with children with disabilities



Autism Queensland Publication 2014

Look Me in The Eye

Why we love it ♥

Look Me In The Eye is a moving and blackly funny story of growing up with Asperger's syndrome at a time when the

diagnosis didn't even exist. A born storyteller, Robison takes us inside the head of a boy whom teachers and other adults regarded as defective and who still has a peculiar aversion to using people's given names (he calls his wife Unit Two). He also provides a fascinating angle on the younger brother he left at the mercy of their nutty parents. Above all, you'll marvel at the way Robison overcame the restrictions of Asperger's to gain the connection he always craved: as a husband and father.

Who's it best for ??

Parents, and Therapists

Cost £ \$ €

\$10

⇒ Where to get it?

Click on the image to be order directly through our Affiliate Amazon Link!



Carers Australia

Why we love it ♥

This website is great to refer families too, as well as having a look around for yourself. There is great resources and information available for our wonderful families!!

Who's it best for ??

Carers, Parents, and Therapists, Teachers, Support Workers

Cost £ \$ €

FREE

⇒ Where to get it?

Click on the image to be taken their website directly!



Triple P

Why we love it ♥

This is another great program to be aware of, again using the idea of time and positive praise. Link is to the parenting page – there is a professional page as well!!

Who's it best for ??

Parents, and Therapists

Cost £ \$ €

Depends on who delivers the program

⇒ Where to get it?

Click on the image to be taken their website directly!



1 2 3 Magic

Why we love it ♥

This is a great parenting program to take a look at as well as referring parents too. The program helps parents to understand the idea of waiting and developing patience in times of stress.

Who's it best for ??

Parents

Cost £ \$ €

Depends on where you complete the program

⇒ Where to get it?

Click on the image to be taken their website directly!

You can also order directly through our Affiliate Amazon Link!



Our Children

Why we love it ♥

This is a great app to help parents who are going through separation but still want to co-parent. This app has a fee, but they have done a great job and encompasses all relationships.

Who's it best for ??

Parents and Carers who want to co-parent.

Cost £ \$ €

Subscription Based and depends on what package you get.

⇒ Where to get it?

Click on the image to be taken their website directly!

